

USAA/UHSAA Winter Policy Statements

Games may be delayed, suspended, or cancelled for non-compliance

- 1. Districts/member schools are to provide training for all coaches/game personnel on COVID-19 risk mitigation strategies and protocols. Failure to adhere to these protocols will result in discipline of employee by hiring organization.*
- 2. Symptom checking will be required for all UHSAA teams before all games, practices and team activities. Symptom checking will also be a requirement before teams engage in team travel to an event. Records will be maintained and documentation kept by the school to help with contact tracing efforts and risk mitigation monitoring.*
- 3. Masks will be required for all individuals in facility who are not engaging in strenuous physical exertion. Participants who are actively exerting themselves and officials actively exerting themselves in physical activity will be exempt from this ruling. Players will be required to store their masks in a pre-assigned place where they can be easily accessed when exiting the game, near their personalized water bottle and/or gear.*
- 4. Schools will set up playing facilities to maximize distancing, including spacing non-active players on the bench.*

USSA/UHSAA Transmission Risk Index Fundamentals

High Risk Fundamentals

- Parents Of Participants Only in Venue
- Support Groups Allowed with Masks Required and Social Distancing (Home Team Only)

Moderate Risk Fundamentals

- 25% capacity
- Support Groups Allowed with Masks Required and Social Distancing
- No Defined Student Sections

Low Risk Fundamentals

- Capacity determined by host school and/or district, with accordance to social distancing and other state guidelines
- Defined Student Sections Where Social Distancing Occurs
- Support Groups Allowed with Masks Required and Social Distancing

UHSAA Sport-by-Sport Specific Best Practices and Guidelines Basketball

General Considerations:

- *All score table personnel shall be wearing masks. No unnecessary personnel should be sitting on the score table and media members are recommended to social distance.
- *The host school shall sanitize the score table before the game.

Considerations for Coaches:

- *Coaches are encouraged to have players work out in consistent groups of five or smaller to help with social distancing. Additionally, coaches are encouraged to not have varsity/junior varsity programs practice together, to mitigate the risk of spread throughout all levels of the program.
- *Coaches are required to wear masks on the bench while coaching and during practice.

Considerations for Players:

- *Players are encouraged to sanitize hands when returning to the bench.
- *Players shall wear masks in all 1-on-1, 2-on-2 and 3-on-3 drills. Masks shall also be worn in any practice activities not involving strenuous physical exertion, including stretching and off-court activities. Masks shall be worn during walkthroughs.

Considerations for Officials:

- *Officials are encouraged to sanitize hands during breaks. Officials have the ability to wear gloves.
- *Electronic whistles are permissible.
- *Officials are encouraged to limit attendees to the referee and the head coach from each team in the pregame meeting at center court.
- *Officials are encouraged to be wearing a mask when speaking in close quarters with a head coach.

Distancing:

- *Players shall socially-distance when on the bench.
- *Players shall have a pre-assigned seat on the bench. When entering a game, players will leave their mask and personalized water container on their assigned bench location. This will minimize cross-contamination of masks.

Considerations for Parents:

- * Make sure your child and immediate household members are free from illness before participating in practice and competition (if there is doubt stay home).
- * Provide personal items for your child and clearly label them.
- * Disinfect your students' personal equipment after each game or practice.

UHSAA Sport-by-Sport Specific Best Practices and Guidelines

Wrestling

- The UHSAA will only sanction (1) day tournaments and will require schools to limit the number of participants to 112 or a maximum of 224 if the 'Event Management Template' is completed and approved. This applies to all pre-season, regular season, and state tournaments. Divisional lengths and participants may be increased on a case-by-case situation to account for more than 16 wrestlers in multiple weight classes. (Divisionals Only!!!)
- Travel shall be limited as much as possible. Schools may need to bring multiple buses to allow for appropriate social distancing. Masks shall be worn on buses and at venues.
- Traveling may result in athletes having to spend the night in a hotel; it would be the district, school, and coach's responsibility to get appropriate lodging to allow for the required social distancing.
- Every wrestling athlete, manager, coach, administrator, athletic director, media representative, wrestling official, bus driver, and UHSAA staff member needs to have symptom form completed before entering the venue. Traveling teams would need to do the symptom check and temperature check before they get on the bus. Home teams will check symptoms as athletes arrive at the school and before they are allowed into the locker room. For those individuals who are considered support staff, symptom checks shall occur at the venue (officials, administrators, media, game administration, and UHSAA staff).
- Practice in pods within specific weight classifications for contact tracing and social distancing. Example: (106-113) practice together etc.
- Coaches, athletes, and officials shall social distance while sitting at the venue. Venues shall stagger chairs for duals. Handshakes are permissible before and after the match between wrestlers, but not recommended with the opposing coach. Masks shall be worn at all times by coaches, wrestlers, officials, and staff, with the exception of participating wrestlers and officials prior to their match.
- Wrestlers should leave their mask and personalized water container in the coaches' corner. This will minimize cross-contamination of masks.
- There shall be no team water bottles. Athletes should bring their own clearly marked water bottle.
- Hand sanitizer shall be placed on each side of the mat, or coaches' corner, so wrestlers can sanitize prior to entering the mat and as soon as they exit the mat.
- All medical equipment, water bottles and water coolers shall be sterilized before coming into the facility. Teams shall sanitize head gear before and after each match.
- Host sites shall sterilize all gymnasium seats, official's locker room and high-touch areas that athletes and equipment might touch.

Considerations for Parents

- Make sure your child and immediate household members are free from illness before participating in practice and competition (if there is doubt, stay home). Wrestling, because of its intense nature, could have transmission, resulting in suspending, modifying, or cancelling the entirety of the season. Please do your part. It is extremely "IMPERATIVE," if your child is not feeling well, they should be removed from attending any school activity until appropriate testing has been completed and athlete is given the all clear to return.
- Provide personal items for your child and clearly label them.
- Disinfect your students' personal equipment after each game or practice.